

The
LONDON SURVIVAL GUIDE
SUMMER 2016



NOTRE DAME
LONDON LAW PROGRAMME

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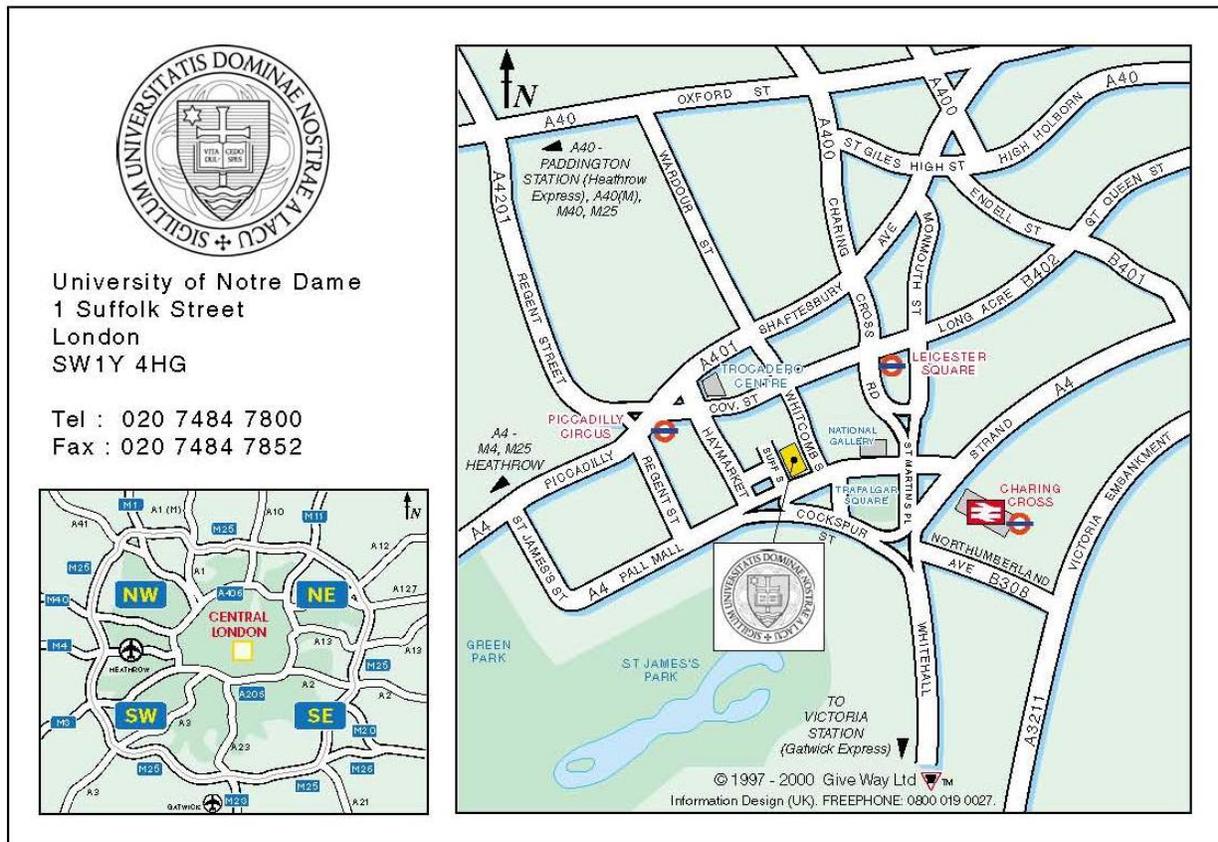
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I. INTRODUCTION TO THE PROGRAM

SUMMER LONDON LAW PROGRAM

The Summer London Law Program is a three-week program fully accredited by the American Bar Association. Although you may enroll in the program during either summer in law school, many students opt to participate after completing their first year. Notre Dame Law students in the program receive full credit for their courses taken in the summer program, and law students from many other institutions have also received a full transfer of credits (subject to prior approval from your home institution). Five courses are offered for a total of 5 hours of academic credit in the summer. **Students may enroll in courses up to a maximum of three hours of credit.** One benefit of the summer program for Notre Dame students is that students are then able to take-on a lighter course load during their second year. Another benefit is that students able to work a half-summer internship before enrolling in the Summer Law Program and still experience a significant taste of the second-year law program in London. Some students elect to do *both* Summer Law Program and the year-long program (ND students only; ABA regulations allow only up to 30 credits to be transferred back to the home campus); however, courses taken during the summer cannot be repeated during the remainder of the academic year.



II. THE PROGRAM AND THE PREMISES

The address of the London Law Centre is:

**University of Notre Dame
London Law Centre
1 Suffolk Street
London SW1Y 4HG**

Tube:

- **Charing Cross (Northern and Bakerloo lines)**
- **Piccadilly Circus (Piccadilly and Bakerloo lines)**
- **Embankment (Northern, Bakerloo, Circle and District lines)**
- **Leicester Square (Piccadilly and Northern lines)**

Telephone:

020 7484 7800 (Reception)

020 7484 7821 (Law Administration)

If dialed from the United States: 011-44-20-7484-7821¹

THE BUILDING

The building is open as follows:

Sunday to Thursday	8:00am to 2:00am
Friday	8:00am to 5:00pm
Saturday	8:00am to 10:00pm

Please note that there is no entrance to the building 30 minutes before the stated closing time with the exception of 5pm Friday.

The above hours may change at certain times, such as on public holidays. You will be informed of any changes to the building opening hours by email.

The official name for the Suffolk Street building is Marian Kennedy Fischer Hall. Located near Trafalgar Square, the building has some 27,000 square feet of usable space. The building was constructed in 1906, for the United Universities Oxford and Cambridge Club. Many of the original features of an elite gentlemen's club remain, including an impressive staircase, mahogany doors to the main rooms, intricate ceiling

¹ For international dialing, the first digits (here "011") are required to signal that the call is an international one. The "011" is the international dialing code for calls placed from the United States; the code is different in other countries. The second digits (here "44") are the country code. The "44" is the country code for England, from all countries in the world. The third digits (here "20") are the city code -- sometimes the city code is combined with the country code, so be sure you ask before dialing. For calls to London from overseas, the city code is -- "20"; if the calls were made from within England, you would have to dial "020" -- the initial "0" is not used on calls from overseas. The convention is to place a plus sign (+) in front of the number to indicate that the caller is first to dial the access code in their own country, followed by the numbers shown. For example, here the listing would be +44 20 7484 7821.

moldings, and ornate fireplaces. The building also houses the University's undergraduate programmes.

The Law Office does not accept personal calls for students, other than in emergencies, and does not take messages.

HOW TO FIND YOUR WAY TO THE UNIVERSITY OF NOTRE DAME

Nearest Tube stations are:

Charing Cross (Northern and Bakerloo lines)

Piccadilly Circus (Piccadilly and Bakerloo lines)

Embankment (Northern, Bakerloo, Circle and District lines)

Leicester Square (Piccadilly and Northern lines)

Google Map: **University of Notre Dame**

FACILITIES

❖ **Mail**

You may have your mail addressed to the Law Centre. You should realise that because this is a commercial address, the mail may not be as secure as if delivered to a personal address. Be sure that your address includes "London Law Centre," to help direct the mail sorters.

❖ **Building Access**

All students will require a proximity card which will be issued from the Law Administration Office or Conway Hall.

❖ **Library**

The law library has a small, but significant collection of books. In addition to a collection of the most recent federal materials, there are limited collections of periodicals and treatises.

❖ **Computers**

Both the library and classrooms have points for computer access and most of the building is equipped with wireless technology.

❖ **Internet Access**

The primary purpose of providing internet access is to allow you to browse the web for research and studying, have access to e-mail (preferably web based) and use your instant messaging applications.

The use of file sharing clients such as LimeWire, Kazaar or any other 'BitTorrent' clients is **not permitted**. Anyone found to be using such software applications will have their internet access summarily revoked.

Your wireless internet access is provided through a shared connection. Therefore, users are required to act with responsibility and consideration towards other users in the building. For example, please avoid downloading very large files - movies, TV programmes and the like - and be aware that that sort of internet activity will

adversely affect the performance of other users' connections.

The London Program reserves the right to disconnect from the network anyone found to be involved in criminal internet activity or excessive downloading to the detriment of other users' internet experience.

JANET Acceptable Use Policy

In addition to the above stated policy Internet access is provide through an agreement with JANET. You are therefore bound to JANET's acceptable use policy as well. The policy can be found at the following link:

<http://www.nd.edu/~londonit/>

COURSE DESCRIPTIONS AND FACULTY

Course and faculty descriptions are available on the London Programme website available at:

Course information

Faculty

TEXTBOOKS

Should you require any legal books we recommend the following:

- **Wildy & Sons**
Lincoln's Inn Archway
Carey Street
London WC2A 2JD
Tel: 020 7242 5778
Mon to Fri – 8:45am to 6:00pm
They sometimes have second hand copies

- **Wildy & Sons**
16 Fleet Street
London EC4Y 1AU.
Tel: 020 7353 3907
Mon to Fri – 9:00am to 6:00pm
Saturday – 10am to 4pm

Web: www.wildy.com
Email: info@wildy.com

- **Waterstones**
London School of Economics
Clare Market
Portugal Street
Tel: 0843 290 8247

- **Wildy & Sons**
Piccadilly, London
Web: www.waterstones.com

- **Hammicks**
191-192 Fleet Street
LONDON, EC4A 2NJ
Tel: 020 7405 5711
Mon to Fri – 9:00am to 7:00pm
Sat: 10:00am to 5:00pm

Web: www.hammickslegal.com
Email: fleetstreet@hammicks.com

- **Blackwell**
100 Charing Cross Road
London WC2H 0JG
Tel: 020 7292 5100
Mon-Sat 9:30am – 8:00pm
Sun 12:00 – 6:00pm

Web: <http://bookshop.blackwell.co.uk/>
Email: orders.London@blackwell.co.uk

- **Amazon**
www.amazon.co.uk

EMERGENCY AND COUNSELLING SERVICES

Emergency, Fire, Police, Ambulance	999
Alcoholics Anonymous	020 7833 0022
Citizen’s Advice Bureau (legal advice)	08444 111 444
Rape Crisis Helpline	0808 082 999
Drugs (and alcohol) information and help	0300 123 6600

NON-EMERGENCY

Police	101
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III. PREPARING FOR LONDON

IMMIGRATION

Student Visitors

Those who can come as Student Visitors are the following:

- Studying in the UK for less than 6 months
- Not wanting to work or take an internship.

For US nationals (plus some other nationalities – see www.ukba.homeoffice.gov.uk, ‘Do I need a visa?’) there is no need to apply for a visa before travelling – you can simply request to be admitted as a Student Visitor when you see an immigration officer on arrival in the UK.

HEALTH INSURANCE

Participants in the Notre Dame Summer London Law Program are required to have medical insurance coverage. If you do not have a medical insurance plan already, you must participate in the plan administered by HTH Worldwide. We encourage you to complete the required application no later than May 15.

HTH Worldwide – Medical Insurance

As a participant in the Summer London Program, you may also be interested in taking advantage of the services provided by AIG Assist. There is no cost for these services.

AIG Assist – Travel Assistance Services

WEATHER

While weather in London can be quite warm and even hot during the summer months, it is not uncommon to have some drizzly, chilly weeks during the summer. Make sure to bring an umbrella and some light layers, including a jacket or coat, for inclement weather.

ELECTRICITY

The electrical current in the U.K. is different from the U.S. The U.S. current is 110 volts and 60 Hz while the U.K. current is 220/240 volts and 50 Hz. You might want to consider not bringing items that require transformers and buying them here instead (blow dryers and curling irons). A transformer here will cost anywhere from £15 to £75 with most being around £30-£35 (that's over \$50). You'll also need an adapter as well, because U.K. plugs and sockets are of a different size. Furthermore, not all products function well (or at all) with transformers and you'll need different ones for different appliances depending on their size and strength. When adapters blow they often fry the appliances with them and can even cause a fire. A better idea may be to bring a full set of rechargeable batteries in different sizes and buy a battery charger in the U.K. This will only set you back around £10 and you completely avoid the risk of ruining your equipment with a faulty adapter. If you need to buy minor domestic appliances there is a store called Argos (rather like Service Merchandise) within walking distance of the school in the Strand.

TRANSPORTATION TO LONDON

❖ **Flights to London**

Many flights from around the world arrive into London each day. The challenge is in getting the best airfare. The best advice is to start early and be diligent. Different airlines will offer different rates on the same route. Call around, be flexible and do not be afraid to ask for prices on a different day or time. For example, often Mon-Thurs fares are cheaper than the Fri-Sun flights.

A useful website for securing discounted student rates on flights is: www.studentuniverse.com (operated by Orbitz). STA Travel also offers student tickets at www.statravel.com. Beware that the branch offices typically offer different fares than the website, so it might be a good idea to check both sources.

❖ **Discount Fares – ISIC Cards and STA**

The Council on International Education Exchange (CIEE) offers low-cost fares to holders of the **International Student Identification Card (ISIC)**. Not only is an ISIC helpful in finding cheaper airfares, but is also necessary when purchasing discounted student bus and train tickets and to qualify for student prices at museums, theatres, and other events in England and throughout Europe. To obtain reduced fares you may need to have an **ISIC card (International Student Identification Card)**. Not only is an ISIC helpful in finding cheaper airfares, but is also necessary when purchasing discounted student bus and train tickets and to qualify for student prices at museums, theaters, and other events in England and throughout Europe.

The ISIC can be obtained at the Notre Dame home campus (at Anthony Travel, in LaFortune Student Center), at any CIEE Travel Office, at any STA Travel office, or in London. The card costs approximately £12.00; you will need a passport-sized photograph.

For more information and to purchase cards online:

USA	http://www.myisic.com/
Australia	http://www.isiccard.com.au/
UK	http://www.isic.org/
	<u>UK/STA</u>

IV. ARRIVAL IN LONDON

TRAVEL FROM THE AIRPORT

❖ From Heathrow

- **Heathrow Express**

www.heathrowexpress.com

Heathrow Express trains **leave every 15 minutes** (between 05:30 and 23:48), traveling directly from **Heathrow to Paddington Station in 15 minutes**. A one-way trip costs £17.00 if bought online or from a ticket machine or ticket office and £28.00 if purchased on the train.

- **Heathrow Connect**

www.heathrowconnect.com

Heathrow Connect trains leave every **30 minutes** and travel time to **Paddington** is approximately **25 minutes**. A one-way trips costs £22.00 to Paddington. All National Railcards are accepted on the Heathrow Connect and discounts are available with Young Persons Railcards and Family & Friends Railcards.

- **London Underground (Tube)**

www.tfl.gov.uk/tube/

The Tube is likely to be the cheapest and most convenient way to arrive into London. Follow the signs to the Underground (Tube) and take the Piccadilly Line which will take you about one hour to get into central London. Change to the Jubilee line at Green Park station to continue to Waterloo (for Conway Hall). The cash fare is £6.00. The Oyster Card fare is £5.10 (£3.10 off-peak) for a one-way ticket. Travel on the underground may not be a good option if you have a lot of luggage but it is cheap and there is a frequent service which takes you close to Suffolk Street or Conway Hall.

- **London Transport N9 Night Bus**

Between midnight and 5.30am, the **N9 night bus** runs every 30 minutes to Central London (Trafalgar Square). Journey time is approximately 1 hour. For more information visit the Transport for London website. Standard bus fares apply (£1.50 Oystercard) and Travelcards are accepted. Cash is not accepted on buses in London – see page 31 for details.

- **SkyShuttle Airport Transfers**

www.skyshuttle.co.uk

Email: reservations@skyshuttle.co.uk

Luxury shared shuttle transfer to London Hotels for approximately £25.00. Contact SkyShuttle for details.

- **Black Cabs (taxis)**
The most expensive but perhaps most convenient way of getting into central London is by black cab. The ride will cost you approximately £70 and takes approximately 45 to 60 minutes. Only licensed taxis (black cabs) can pick up passengers on the street. Minicabs are generally cheaper but must be booked in advance. Any minicab driver who picks up customers without a booking is acting illegally. For information on booking a minicab see the information below under the heading: 'From All Airports – Airport Transfers and Minicabs'

❖ From Gatwick

- **Gatwick Express**
www.gatwickexpress.com
This rail service between Gatwick to Victoria Station is the most direct way of traveling into central London from Gatwick airport. Trains **leave every 15 minutes** with a **travel time of 30 minutes**. Tickets cost £19.90 and can be purchased at the station or on the train using cash or a credit card. Discounts available with Railcards. Online tickets cost £17.70. However, unless you are in a hurry either of the two rail alternatives below is almost as quick and a little bit cheaper.
- **Thameslink & Great Northern**
www.thameslinkrailway.com
Another rail option is to take the Thameslink & Great Northern service to/from Gatwick. This service takes approximately 45 minutes to/from Waterloo and you may be required to change trains. Fares start from £15.50.
- **Southern**
www.southernrailway.com
Southern trains run to London Bridge and Waterloo. This service takes approximately 45 minutes to/from Waterloo and you may be required to change trains. Fares start from £15.50.

❖ From Stansted

- **Stansted Express**
www.stanstedexpress.com
Stansted Express is the quickest way into Central London. Trains leave Stansted Airport from 5:30/6:00am to 12:30/1:30am. Trains run **every 15 minutes** (every 30 minutes for the earliest and latest trains). Advance fares are £8.00, standard fares are £19.00. **Journey time is 45 minutes** and trains terminate at Liverpool Street station.
- **Bus and Coach Services**
[Stansted Buses and Coaches](#)

❖ From Luton

▪ **Thameslink & Great Northern**

www.thameslinkrailway.com

A regular shuttle bus links the airport to Luton Airport Parkway train station in around ten minutes. From there, Thameslink & Great Northern operates regular services to Blackfriars where you change to the underground trains to reach Charing Cross (for ND) or Waterloo (for Conway Hall). The journey time is approximately 45-55 minutes and fares start at around £14.00.

▪ **Bus and Coach Services**

[Luton Buses and Coaches](#)

❖ From London City

▪ **Tube/Docklands Light Railway (DLR)**

London City Airport has its own station on the Docklands Light Railway (DLR) which easily connects to the tube system. Services run every seven to ten minutes. Fares on the DLR are the same as those on the Tube and Travelcards are accepted. There is no extra cost for travelling on the DLR if you connect to the tube without exiting at any station until the completion of your journey. Change to the Jubilee line at Canning town to continue to Waterloo (for Conway Hall). Cash fare £4.90, Oyster £3.30 (off-peak £2.80).

▪ **Black Cabs (taxis)**

There are usually black cabs queuing for customers at London City Airport. The cost of the cab is metered and displayed inside the cab. A metered trip to/from Central London will cost about £33.

❖ From all airports

▪ **Airport Transfers and Minicabs**

Airport transfers are generally considerably cheaper than taking a black cab and can be booked online in advance. In most cases you will be met by the driver at the arrivals terminal. The cost ranges from between £33-£70 depending on which airport you are travelling from. Use a search engine to find companies or try:

<http://www.minicabsinlondon.com/>

www.onlineairportcars.com

www.airportscars.co.uk

www.britishairportcars.co.uk

www.unitedairportcars.co.uk

www.heathrowminicabs.com

www.timesairportcars.co.uk/bookings

❖ Useful Websites

▪ www.visitlondon.com/travel/airport/

▪ www.nationalrail.co.uk

V. LIVING IN LONDON

HOUSING

Conway Hall

51-55 Waterloo Road

London, SE1 8TX

Tel: 020 7928 1716

If dialed from the United States: 001 44 20 7928 1716

National Rail and Tube:

- **Waterloo (Jubilee, Northern and Bakerloo lines)**

Google Map: Conway Hall

A number of single rooms are reserved for summer London participants in the university's recently opened Conway Hall. Conway Hall is a listed building that was acquired and completely refurbished by the university in 2010. It is situated a twenty minute walk away from Suffolk Street on the south bank of the Thames close to Waterloo Station.

❖ **Amenities**

Each student has his/her room furnished with a bed, chair, desk and wardrobe; bedding and towels are provided. The rooms are arranged in separate flats which have shared bathroom and kitchen facilities. The residence complies with current UK law regarding access for persons with disabilities. In addition, the student housing is monitored by the Notre Dame Facilities manager to ensure that it continues to comply with both disability and related health and safety requirements. Meals are not included in the price of the room as the accommodation is self-catering. There are a wide range of shops and restaurants nearby. The building is equipped with Wi-Fi.

❖ **Check-in/out**

Summer London participants residing in Conway Hall are able to check in on the weekend prior to the start of classes and must vacate their rooms immediately following the last day of examinations.

❖ **Internet Access**

See above information on page 8

❖ **How to find your way to Conway Hall**

Nearest National Rail and Tube station is Waterloo (Jubilee, Northern and Bakerloo lines)

Google Map: **Conway Hall**

❖ **Travel from Conway Hall to the University of Notre Dame**

Conway Hall is approximately a 20 minute walk to the University. The quickest and most enjoyable way to reach the University is by crossing the Hungerford Bridge (not across

Waterloo Bridge). The bridge can be reached by walking down to the South Bank. The pedestrian walkway of the Hungerford Bridge runs alongside the rail line and arrives into Charing Cross Station. Google Map: **Hungerford Bridge**

If required it is possible to take the tube from Waterloo to Charing Cross or Bus No. 139 from Waterloo to Trafalgar Square. The bus is easiest and arrives closer.

PUBLIC TRANSPORTATION

www.tfl.gov.uk

England is well known for its highly efficient public transportation system. The following prices are for travel fares in 2016 (Fares are increased each year in January):

Tube & DLR

Zones (#)	Cash single fares	Oyster single fares Peak (off-peak)	Oyster daily price cap Peak (off-peak)	1 Day Travelcard Anytime (off-peak)
1	£4.90	£2.40 (£2.40)	£6.50 (£6.50)	£12.10 (£12.10)
1-2	£4.90	£2.90 (£2.40)	£6.50 (£6.50)	£12.10 (£12.10)
1-3	£4.90	£3.30 (£2.80)	£7.60 (£7.60)	£12.10 (£12.10)
Zones (#)	1 week Travelcard Adult		1 month Travelcard Adult	
1	£32.40		£124.50	
1-2	£32.40		£124.50	
1-3	£38.00		£146.00	

Buses (& Trams)

Adult

Oyster and contactless	Contactless	Oyster
Pay as you go	Daily cap Monday to Sunday cap	One Day Bus & Tram Pass 7 Day Bus & Tram Pass Monthly Bus & Tram Pass Annual Bus & Tram Pass
£1.50	£4.50 £21.20	£5.00 £21.20 £81.50 £848

It is no longer possible to buy cash fares for buses. Payment must be made with an Oyster Card, UK contactless card, mobile phone application or travelcard. Some foreign contactless cards may be accepted but overseas transaction fees may apply.

Please check the above link for more details on fares and further information on public transport in London.

Public transportation can be quite expensive in London so if you intend to use it on a daily basis it is advisable to purchase an Oyster Card. Oyster cards can be purchased upon arrival in London or from overseas agents before you come.

❖ **Oyster Cards**

The easiest way to move around London by train or bus is to use the 'Oyster' card. You can pick up a leaflet or buy a card at most underground (tube) stations. It is particularly flexible in that you can 'pay as you go', which means that you only pay for journeys you actually take (single fare rates will be capped once you reach a certain daily price) or you can buy weekly or monthly tickets. It is also much cheaper than paying cash for individual journeys. Oyster Cards can be used on the tube, buses, DLR and some national rail services. Please note that there is more than one type of Oyster Card and the 'Visitor's Oyster Card' is not necessarily the most appropriate as it only allows you to 'pay as you go' when you might prefer to buy a season ticket. The cost of a regular Oyster Card is £5.00 and will allow you to purchase weekly or monthly season tickets should this be preferable.

One additional benefit of Oyster is the ability to manage your account online. From your Oyster online account you can:

- Buy new tickets
- Renew your Oyster card or top up your cash balance at your nominated Tube station ticket gates
- Report your Oyster card lost
- View your current products including any cash balance that you use to pay for journeys as you go
- View your order history
- Update your personal details

❖ **Discounted Railcards**

▪ ***Young Person's Railcard***

www.16-25railcard.co.uk

As the name suggests, you're eligible if you're aged 16-25! You can also apply if you're 26+ and in full time study. For just £30 you'll **save 1/3 on fares** throughout Great Britain for **12 whole months**.

▪ ***Family & Friends Railcard***

www.familyandfriends-railcard.co.uk

As long as you travel with at least one child you can! And up to 4 adults and 4 kids can travel on the one Railcard. It costs just £30 and you get **1/3 off adult fares** and **60% off kids' fares** for a whole year.

TRANSPORTATION TIPS

➤ **Use Buses!**

One cheaper transportation alternative is to use the buses, particularly using Oyster pay-as-you go. Buses are great way to see the city and riding on a double-decker bus is just plain fun!

The tube closes around 12:30pm but **24-hour and Night buses** travel to various destinations throughout London.

➤ **Late Night? No Night Bus? Use "CABWISE".**

Simply text: HOME to: 60835 to get 1 taxi and 2 local, licensed minicab numbers.

❖ Useful Resources

- **Transport for London**

www.tfl.gov.uk

www.tfl.gov.uk/tickets/14416.aspx

www.tfl.gov.uk/tickets/14415.aspx

- **24-Hour London Travel Information**

Phone: 0843 222 1234

Operator will provide you with the tube/bus/etc. route to anywhere you need to go in London!

- **Getting Around in London**

www.visitlondon.com

❖ Helpful Translations

English	American
single	one-way
return	round-trip
tube/underground	subway
subway	underground walkway
way out	exit
time table	schedule
lift	elevator

MOBILE PHONES & INTERNATIONAL CALLING

There are a variety of options for calling/texting domestically as well as calling internationally from London.

❖ **Skype**

When calling internationally, most students prefer to use Skype. Skype is a calling and messaging program that allows you to call another Skype user for free or a mobile or land-line at very low rates. Skype also offers a webcam feature. For more information and to download Skype, go to www.skype.com

❖ **Ekit**

This allows you to pay in advance for calling credit and then use any phone, via a system of codes, to make calls. This can be particularly useful as a cheap way to make international calls both from the UK and other European countries. It also works from public phones. For more information go to www.ekit.com

❖ **Mobile Phones**

You should check to see if your phone will work in the UK. Mobile phone networks used in the UK are GSM 900, GSM 1800 and 3G 2100. The United States CDMA network is not compatible. 4G phones are compatible worldwide. If your phone works in the UK you will have the option of using international roaming on your existing SIM card or purchasing a global or local (UK) SIM card. You will need to ensure international roaming is available and included in the package you have with your phone network provider. However, this may be an expensive way to use your phone. Accordingly, if you wish to take advantage of cheaper call rates, check that you will be able to use a different SIM card in your phone. Most phones are locked to a network so to enable the use of a global or local SIM you will need to get your phone unlocked. This is generally quick, inexpensive and is completely legal. If your phone is under warranty you should check if unlocking your phone will invalidate your warranty. If you have a smart phone you can download the Skype app and use Skype to make cheap calls whenever you are connected to WiFi.

A variety of mobile phone companies are available in London. Each offers different features, depending on your needs.

- **O₂**
www.o2.co.uk
- **Orange**
www.orange.co.uk
- **3 Store**
www.three.co.uk
- **Vodafone**
www.vodafone.co.uk

- **T-Mobile**
www.t-mobile.co.uk
- **Carphone Warehouse**
<http://www.carphonewarehouse.com>
- **Asda**
www.asda-phones.co.uk
Possibly the cheapest 'pay as you go' for very low usage – no special offers or free credit offers available like other networks. Order a SIM pack online.
- **Tesco**
www.tesco.com/mobilenetwork
Free SIM packs can be ordered online. Very reasonable rates with special offers and free credit offers available.

❖ MOBILE PHONE TIP

Many students are able to save money by using their American cell phone with a U.K. SIM Card from one of the aforementioned cell phone companies rather than purchasing a new cell phone for usage in the U.K. and Europe. In order to do so, you must have your phone "unlocked" so that it will read a U.K. SIM Card. This can be done at many small souvenir stores in touristy areas, including Bayswater.

WHAT TO DO IN LONDON

Whatever your taste and whatever you're into, there is no shortage of things to do in London!

London Top 100

<http://www.londontop100.co.uk/>

Check this web site for London's top sites and attractions and other numerous things to do. The current list actually consists of 138 items.

SHOPPING

❖ **Retail - Individual Stores**

- **Harrod's**
www.harrods.com
Tube: Knightsbridge (Piccadilly Line)
Harrod's is arguably the most famous store in the world - which can trace its roots to a mere grocery shop on its present site back in 1849. With millions of items in stock, Harrod's certainly lives up to its motto of Omnia Omnibus Ubique (all things for all people, everywhere).

- **Primark**
www.primark.co.uk
 Tube: Marble Arch (Central Line)
 Primark offers lots of inexpensive items. Note: Due to the high demand, check-out lines can be extremely long. Give yourself plenty of time and avoid shopping here on weekends!
- **Argos**
www.argos.co.uk

 Tube: Varies
 Carries all sorts of items at discount prices. Shopping at Argos is a bit of a different experience because you select your items from a catalogue in-store and a sales representative retrieves them for you, rather like Service Merchandise.

❖ Retail - Malls and Shopping Areas

- **Oxford Street and Regents Street**
 Tube: Bond, Oxford Circus, Piccadilly Circus (Central, Bakerloo, Piccadilly and Jubilee Lines)
 Oxford Street is where you can find all the major large retail chains. While quite an experience, novice buyers beware: Oxford Street is crazy with crowds of people 7 days/week, 365 days/year!
- **London Trocadero**
www.londontrocadero.com
 Tube: Piccadilly Circus (Piccadilly and Bakerloo Lines)
- **Whitely's**
www.whiteleys.com
 Tube: Bayswater or Queensway (District, Circle, or Central Lines)
- **Bluewater**
www.bluewater.co.uk
 Large award winning shopping mall, consisting of over 330 shops and more than 50 restaurants. Located around 20 miles from London (2 miles from the M25) it is possible to get there by car, train, bus or coach. The nearest station is Greenhithe. National Express runs daily services from London Victoria.
- **Bicester Village**
www.bicestervillage.com
 Discount prices in more than 100 chic designer and brand name boutiques have been drawing thrifty fashionistas to Bicester Village, a designer brand outlet mall ten miles from **Oxford**, for years. They've kept this wonderful place - where everything is at least 30 to 50 per cent off normal prices - almost a secret.

❖ Groceries

- **Waitrose**
Top quality produce. The closest store is in the basement of John Lewis in Oxford Street.
- **M&S**
Offers great food (including organic) and pre-made dinners at reasonable prices. A bit more expensive than Tesco or Spar, but worth the cost.
- **Tesco/Tesco Express**
Offer pre-made snacks and dinners at cheap prices.
- **Spar**
Spar is a great option for cheap **Indian food**.

❖ Markets

- **Portobello Road**
<http://www.portobello.co.uk/>
Tube: Notting Hill Gate
Located in Notting Hill, Portobello Road is the world's largest antiques market. The market is open every Saturday and the shops are open six days per week.
- **Borough Market**
<http://www.boroughmarket.org.uk/>
Tube: Borough or London Bridge
Open Thursday-Sunday, Borough Market is the oldest fruit and vegetable market in London. Even the Romans bought fresh produce from the gardens of Kent in this area because until the 19th century London Bridge was too narrow for carts to cross. Borough Market is the only fruit and vegetable wholesale market in its historic location. In the 21st century small retail traders joined who are selling their goods directly from the farm or from all parts of the world here. Many small traders show their specialties here.
- **Camden (Lock) Market & Camden Stables**
www.camdenlock.net
www.camdenlockmarket.com/
Tube: Camden Town or Chalk Farm (Northern Line)
Set amongst former horse stables, Camden Lock, the original market of Camden Town, distinguishes itself from others by offering an individual and extensive range of high quality goods from designer clothes and accessories, to one-off pieces of art, food and furnishings.
- **Spitalfields Market**
<http://www.spitalfields.co.uk/>
Tube: Liverpool St. Station (Central Line)

Spitalfields Market offers an eclectic array of goodies on offer. To get a real flavour, explore by foot to discover the different cuisines on offer, clothes, jewellery and lots more!

- **Covent Garden Market**
www.coventgardenmarket.co.uk
Tube: Covent Garden or Leicester Square (Piccadilly and Northern Lines)

DINING

Contrary to popular belief, London offers a variety of different foods from all over the world. However, dining out can be quite expensive. Below are some great food options close to the Law Centre:

❖ **Cheap Eats**

- **Orsini**
Delicious handmade sandwiches.
- **Pret A Manger**
<http://www.pret.com>
Well known and well liked chain making handmade sandwiches, salads and other small eats. You will find many stores all over London.
- **Tossed**
<http://www.tosseduk.com>
Get your daily dose of greens at Tossed. Like a Subway, for salads, you all are made to order. Soups also available.
- **Pizza Hut**
Lunch Buffet (pizza, pasta, salad, breadsticks - £6.99)
Happy Hour (3-5pm - £6.00)
- **Nandos**
www.nandos.co.uk
Tasty (and spicy!) Portuguese classics (half-chicken and rice). Located around London; closest location to school is in Soho between Leicester Square and Tottenham Court Road.

❖ **Pub Food**

- **Waxy's**
<http://www.waxyoconnors.co.uk/>
Hearty food in a great atmosphere. A great place to go day or night. Be sure to try the traditional Irish stew. Located near Leicester Square.

❖ **Vegetarian**

- **Hummous Bros**
<http://www.hbros.co.uk/>

One of the most famous restaurants in London and very popular with London students (even the meat eaters in the group!). Make sure to check it out on Thanksgiving for their famous Turkey topping. Offers 10 pounds all you can eat on Sundays. For those die-hard fans, join the Facebook group for free specials!

❖ **Indian/Pakistani/Middle Eastern**

- ***Imli***
<http://www.imli.co.uk/>
Delicious Indian tapas - across from Hummus Bros. Offers half off tasting menu on Sunday.
- ***Brick Lane (neighborhood)***
- ***East Ham (neighborhood)***
- ***Edgware Road (neighborhood)***
Tube: Edgware, Marble Arch (Central, District, Circle Lines)
Great area for Middle Eastern food. Fattoush, Lebanese restaurant near the Edgware Road Tube is recommended.
- **Tooting Broadway**
Check out Kebabish on Upper Tooting Road for amazing Pakistani food.

❖ **Asian**

- ***Mango Tree***
<http://www.mangotree.org.uk/>
A bit pricey, but good for a nice night out.
- ***Miso***
<http://www.misonoodlebar.co.uk/>
Inexpensive noodle soups great for take-away back to school. Located in Haymarket
- ***Wagamama***
<http://www.wagamama.com>
Classic ramen, curries, teppanyaki, salads and sides.

❖ **Spanish and Mexican**

- ***La Tasca***
www.latasca.co.uk
Restaurant offers a variety of Spanish style tapas. Better rates are available with meals for two. Also have discounted drink specials on Sangria every Friday.
- ***Café Pacifico***
<http://www.cafepacifico-laperla.com/>

Good Mexican food is hard to find, but this restaurant in Covent Garden is probably your best bet. Great atmosphere and always crowded.

❖ Italian

- **Spaghetti House**

www.spaghetthouse.co.uk

A small chain with restaurants located in numerous locations near the University. Inexpensive.

- **Bella Italia**

www.bellaitalia.co.uk

A small chain with the closest restaurants to the University being in Irving Street and Leicester Square. Inexpensive.

❖ Dining Guides

The Good Food Guide, edited by Elizabeth Carter. A copy is available in the Law Library. Also see: www.thegoodfoodguide.co.uk

ENTERTAINMENT

❖ General Entertainment Guides

- *Time Out* Guides

Time Out guides come out once a week and are free. You can easily pick one up outside Charing Cross station. There is also a copy in the Law School library. The bulk of this publication is made up of a section called "This Week" which includes schedules and descriptions of just about everything going on in London that week. In the fall it also publishes its "Eating and Drinking Guide," about £12. This is a bit expensive but essential reading for anyone looking for good food in London.

- Last Minute Travel & Entertainment
www.lastminute.com

- *Evening Standard* (local London paper)
www.standard.co.uk/

- General London Information
www.londonvisions.com/

❖ Theatre

- **Musical Theatre (West End)**

Think of the West end as the Broadway of Europe. Located in Soho, just north of the Law Centre, come here to enjoy all your favorite shows!

There are a couple of ways to secure cheap seats at the top shows:

1. Line up at the Leicester Square half-price ticket booth, "TKTS". This is the ONLY shop from which you should buy discounted tickets! (Leicester Square Tube stop)
 2. Many theaters sell reduced-price student tickets the day of the performance.
- **Plays**
 - **The Mousetrap @ St. Martin's Theatre**
www.the-mousetrap.co.uk
 Tube: Leicester Square or Trafalgar Square (Northern or Piccadilly Lines)
 Agatha Christie's *The Mousetrap* is a famed murder mystery that is the longest running show, of any kind, anywhere in the world (56 years and counting!). As a result, student and discounted tickets are not available, but tickets start at around £16. Don't miss this timeless classic!
 - **Shakespeare at The Globe**
<http://www.shakespearesglobe.com/>
 Tube: London Bridge, Monument, Canon Street, or Mansion House
 Come see Shakespeare as it was meant to be performed. The Globe Theatre and Exhibition is a unique international resource dedicated to the exploration of Shakespeare's work. The Globe Theatre is a faithful reconstruction of the open-air playhouse designed in 1599, where Shakespeare worked and for which he wrote many of his greatest plays. The theatre season runs from April to October with productions of the work of Shakespeare, his contemporaries and modern authors. Ticket prices start at only £5 (Yard, standing room only). Theatre tours are also available.
 - **Old Vic Theatre**
www.oldvictheatre.com
 Tube: Waterloo
 Old Vic Theatre offers a variety of both classic and new drama.
 - **Opera, Dance, Ballet**
 - **Royal Opera House**
www.roh.org.uk
 Tube: Covent Garden
 - **Sadler's Wells**
www.sadlerswells.com
 Tube: Angel
 - **Peacock Theatre**
www.sadlerswells.com
 Tube: Holborn/Temple

- **London Coliseum – English National Opera**
www.sadlerswells.com
 Tube: Charing Cross
- **Music, Dance, Visual Arts**
 - **Southbank Centre**
www.southbankcentre.co.uk
 Tube: Waterloo/Embankment/Charing Cross
 Located on the south bank of the River Thames crossing at Golden Jubilee/Hungerford Bridges (from Charing Cross/Embankment stations). Very close to Conway Hall.

A variety of theatre guides are available:

- *London Theater Guide*
<http://www.londontheatre.co.uk/>
- *Official London Theater Guide*
www.officallondontheatre.co.uk

❖ **Concerts**

- **O₂ Arena**
www.theo2.co.uk
 The O₂ Arena host a variety of events. The complex consists of: (1) The O₂ Arena - A 20,000-capacity indoor pop, rock and sports arena; (2) Vue Cinema - A plus 11-screen multiplex cinema; (3) indigO₂ - A music venue hosting edge artists and bands; (4) The O₂ Bubble - A stunning exhibition centre; (5) Over 20 premier bars, restaurants and clubs in a 1km entertainment avenue encircling the arena. Check the website for the latest events.

❖ **Cinemas**

There are numerous movie theaters in London, most of which offer reduced student ticket prices during the week or for afternoon shows.

- **Prince Charles Cinema**
www.princecharlescinema.com
 Tube: Leicester Square (Northern and Piccadilly Lines)
 Shows older movies and independent films at discounted. Members receive further discounts. Free WiFi available in the cinema bar/coffee shop.
- **IMAX Cinema**
<http://www.bfi.org.uk/bfi-imax>
 Tube: Waterloo
 Opposite Conway Hall

The Evening Standard and *Time Out* list the movie offerings in London.

❖ **Museums**

London boasts over 240 museums! The best thing about London museums are that almost all of them have periods when admission is **FREE**, while others offer student concession rates on admission.

FREE Museums	Other Museums
British Museum	Royal Academy of Arts
National Gallery	Transport Museum
National Portrait Gallery	National Army Museum
Tate Modern	Benjamin Franklin House
Tate Britain	Charles Dickens Museum
Sir John Soane's Museum	Churchill Museum and Cabinet War Rooms
Natural History and Science Museum	Freud Museum
Victoria and Albert Museum	Sherlock Holmes Museum
Imperial War Museum	The Courtauld Gallery (free for students)
National Maritime Museum	
Museum of London	
The Wallace Collection	

For more a more comprehensive list as well as more information on museum locations, rates, and hours of operation visit one of the following:

- http://en.wikipedia.org/wiki/List_of_museums_in_London
- <http://www.londontourist.org/museums.html>

❖ **Television/Movies**

Using any computer as a TV, whether using a PCTV card or equivalent or streaming from the internet while a UK programme is running simultaneously on air and online, requires a TV license. You do not need a license for archived downloadable material.

A selection of recommended sights for are as follows:

- www.watchtv.com
- www.sidereel.com
- www.ovguide.com
- <http://www.alluc.org/>
- www.itv.com/catchup
- www.bbc.co.uk/iplayer
- www.channel4.com
- www.channel5.com

****Please note that movies and TV programs should not be downloaded illegally from the internet.** Law enforcement agencies regularly monitor illegal downloads. Any student caught illegally downloading music or video files from the internet over the London Law Centre internet network (as has happened in

the past) will be in violation of Notre Dame's internet use policies and subject to repercussions.

❖ **Pubs and Clubs**

London offers its share of night entertainment. Pubs are usually open until 12:00am and Clubs may be open until the early hours of the morning. For information on the club scene look in *Time Out* or even the Hot Tickets section of the *Evening Standard* (free with Thursday paper).

Neighborhoods that have popular nightlife are: Soho, Camden, Vauxhall, and Fulham Broadway.

Pubs and Clubs that have been popular with students in the past include:

- **O'Neil's (Chinatown)** - "Backer London"
www.oneills.co.uk/soho
Missing the Backer? Check out O'Neils in Soho. A bit dirty and a bit younger crowd, but always a good time.
- **Waxy's & Waxy's Little Sister**
<http://www.waxyoconnors.co.uk/index.php/london1>
Fun Irish Pubs with unique atmosphere located across the street from each other in Soho next to O'Neils. Check out the drink elevator at Waxy's Little Sister and the "tree house" feel of Waxy's.
- **Guanabara**
<http://www.guanabara.co.uk>
Tube: Holborn (Central Line)
Brazilian Nightclub that has Capoeira dancers at 9pm, and Samba music all night. Also has great food. Beware, get there before 8pm to avoid the gigantic line.

❖ NIGHTLIFE TIP

Late Night? No Night Bus? Use "CABWISE". Simply text: HOME to: 60835 to get 1 taxi and 2 local, licensed minicab numbers.

AROUND TOWN

❖ **Tours/Sightseeing**

- **Free Tour of London - FREE**
www.neweuropetours.eu
HIGHLY recommended by past students. The Free Tour of London operates on a tips-only basis. (Trust us, the tours are so good you'll *want* to tip generously!). The guides are very fun and tours educational and insightful. A great way to get a more in-depth, insider's view of the city. Also check out New Europe tours in other cities including Paris, Berlin, Munich, Amsterdam, and Edinburgh.

- **London Walking Tours (free tours)**
<http://www.freetoursbyfoot.com/london-tours/>
 Three tours that are free – you can pay what you think the tour is worth.
- **Undiscovered London**
<http://www.weareundiscovered.com/london/>
 Three tours: Camden Pub Crawl, East End Tour and Free Tour Royal London which is free but tips are accepted.
- **London Walks**
 For information: **London Walks Timetable**
 Classic award winning London Walks such as:
 Hidden London, London's Secret Village, Old Westminster by Gaslight,
 The Jack the Ripper Tour and Spies' & Spycatchers' London
- **City Garden Walks**
<http://www.citygardenwalks.com/index.php>
 Discover London's beautiful green spaces with qualified members of the City of London Guide Lecturers. Four different walks at £7 each. Just turn up and go.
- **London for Free (self-guided walks and other activities)**
<http://www.londonforfree.net/walks/>
 The best way to discover London is by walking. Choose from a number of self-guided walks. Other activities for free or at little cost are also listed.
- **Fat Tire Bike Tours**
www.fattirebiketourslondon.com
 This bike tour is a unique way to see the city. Tour sites include Hyde Park, Buckingham Palace, Big Ben, Parliament, Westminster Abbey, Kensington Palace & Park, and more! Tours run every day between March and November, including twice per day from May to mid-August. Tour duration is 4 hours with prices starting at £18 which includes a small student discount.
- **Tally Ho! Cycle Tours**
www.talleyhocycletoours.com
 Tally Ho offer guided bike tours and bicycle hire. Their tours include London Landmarks tour, Old City Tour and Gin & Food Tour. Tally Ho use traditional handbuilt English bicycles and primarily ride on dedicated cycle paths or on quiet back streets. Groups are small and capped at 10 riders.
- **BrakeAway Bike Tours**
www.biketouroflondon.com
 Discover hidden gems and quaint old pubs on a small group tour. Your guide will entertain you with interesting and quirky stories about London. Different tours available departing from Waterloo Station.

- **London Bicycle**
Bike tours and bike hire
www.londonbicycle.com
 A variety of different bike tours of 3 hours or 5 hours duration or all day are offered in and around London and farther afield. Starting on the South Bank and riding along the river the 3 hour central London tour takes in the most popular tourist attractions such as Buckingham Palace, Westminster Abbey and Big Ben. Bike hire is also available if you prefer to do your own thing. Booking is available online.

- **London's self-service, bike sharing scheme – Santander Cycles**
<https://tfl.gov.uk/modes/cycling/santander-cycles>
 'You can hire a bike from as little as £2. Simply go to any docking station with your bank card and touch the screen to get started. There is no need to book – hire a bike, ride it where you like, then return it to any docking station.' Go the website above for more information on how it works and for ideas on interesting cycle routes.

- **Thames River Cruises**
www.londoneye.com/ticketsandprices/rivercruises
www.citycruises.com
 Enjoy London from the Thames. London Eye River Cruises offers a unique 40 minute circular sightseeing cruise on the river Thames with fascinating live commentary presented by trained guides. Highlights include the Houses of Parliament, St. Paul's Cathedral and the Tower of London. City Cruises operates sightseeing cruises and evening dinner & dance cruises on London's River Thames all year round.

- **London Eye**
www.londoneye.com
 Night or day the London Eye offers spectacular views across London and its famous landmarks such as the Houses of Parliament, St. Paul's Cathedral and Westminster Abbey.

❖ **Sightseeing Tip**

- Upon arrival to London, take the Free Tour of London (FREE!) to acquaint yourself with the city. This will introduce to you all the main sites which you can then visit later.

❖ **Food & Drink**

- **Afternoon Tea at the Orangery, Kensington Palace**

The Orangery

Tube: Queensway or Bayswater

One of the best places to go to experience traditional English afternoon tea. Tea packages start at about £20 but is well worth it for the experience and the quality and quantity of food. This is practically a meal in itself so

don't eat beforehand! Also, the cheapest tea package, "The Orangery Tea" is sufficient, especially for first-timers. Make this a more semi-formal or a casual afternoon out. Enjoy! **(High Tea also available at Harrod's, the National Gallery, and the Ritz).**

- ***Vinopolis***

<http://vinopolis.co.uk/>

Tube: London Bridge (Northern and Jubilee Lines)

Wine has been an important part of the lifestyle of this particular area of London for nearly 2,000 years. Built on ancient Roman foundations, the Vinopolis site is spread over three acres beneath the arches of a Victorian railway viaduct and dedicated to experiencing the pleasure of the world's wines, British beer, whiskey, absinthe, gin, and more. Some of the features of Vinopolis include tours of the site, self-guided tasting tours, masterclasses, the Majestic Winehouse, the Whiskey Exchange which offers an unprecedented whiskey selections, and four of the best restaurants and wine bars in the city.

- ❖ **Recreation**

- ***Queens Bowl & Skate***

www.queensiceandbowl.co.uk

Tube: Queensway or Bayswater (Central, District or Circle Lines)

Feeling left out of the South Bend Thursday Night Bowling? Start your own London team! Queens Bowl & Skate is London's only ice rink and bowling venue!

- ***Roller Disco***

www.rollerdisco.com

Tube: Vauxhall (Victoria Line)

Whip out your spandex and leg warmers for one of the most friendly and fun-packed nights in London, complete with the best seventies hits, funky house music and rare soul grooves. With its musically and visually kitsch/cool atmosphere and retro appeal, the Roller Disco is THE hotspot for clubbing on wheels.

- ❖ **Other Notable Sites**

- **Changing of the Guard at Buckingham Palace**

<http://changing-guard.com/index.html>

The men you will see in front of Buckingham Palace (and other locations) are not just ceremonial guards but also serving soldiers. While upholding the traditions of the past, they also perform duties throughout the world as professional soldiers and are known as some of the most elite and skilled soldiers in the British Army.

- **Buckingham Palace**

<http://www.royalcollection.org.uk/visit/buckinghampalace>

Buckingham Palace serves as both the office and London residence of Her Majesty, The Queen, as well as the administrative headquarters of

the Royal Household. It is one of the few working royal palaces remaining in the world today. Self-guided audio tours of the Palace are available during August and September with tickets priced at £17.50 for students.

- **Kensington Palace**

<http://www.hrp.org.uk/KensingtonPalace/>

In recent times Kensington Palace has been the residence of Princess Margaret, Princess Alice and Diana, Princess of Wales. It is currently the residence of the Duke and Duchess of Cambridge (William and Kate). Prince Harry will take residence in the Palace in 2013. Tickets for students are £12.40.

- **Tower of London (and the Crown Jewels)**

<http://www.hrp.org.uk/TowerOfLondon/>

It is no wonder that the Tower Of London is the nation's leading historic visitor attraction. This ancient fortress was founded by William the Conqueror and almost 1,000 years of British history have been played out within its walls. It was here that Anne Boleyn was executed and Guy Fawkes interrogated, Richard II and Elizabeth I incarcerated and the 'Princes in the Tower' disappeared without trace. The price of admission is £18.15.

- **Hampton Court Palace**

<http://www.hrp.org.uk/HamptonCourtPalace/>

Originally the property of the 'Order of St John of Jerusalem' Thomas Wolsey, Archbishop of York acquired the property in 1514. He spent lavishly to build the finest palace in England. Wolsey was only to enjoy his palace for a few years; in 1528 he gifted the palace to King Henry VIII. Henry made many additions and laid out the overall plan of the garden. During the reign of King William III and Queen Mary (1689-1702) parts of the Tudor palace were pulled down and rebuilt. In 1838 Queen Victoria opened the palace to the public. Tickets for students are £14.85.

- **Windsor Palace**

The Official Website of the Monarchy

Windsor.gov.uk

Royal Collection Trust

Windsor Castle is a 55 minute train ride from London Waterloo. The castle is one of the official residences of the Queen and has been a Royal home and Fortress for over 900 years. It is the largest occupied castle in the world. Tickets for students are £16.15.

- **Westminster Abbey**

www.westminster-abbey.org

Westminster Abbey is steeped in more than a thousand years of history. It has been the coronation church since 1066 and is the final resting place of seventeen monarchs. The Abbey offers a variety of events including

tours, church services, concerts, and more. Check out the website for more details! Entry for students is £15.00. All services are free.

- **Kew Gardens**

www.kew.org

A visit to the Royal Botanical Gardens is a delightful way to spend a day. The best times to go are spring when there is a riot of colourful spring bulbs on show or summer when colourful bedding plants are at their best.

- **London Dungeon**

www.thedungeons.com

Tube: London Bridge (Jubilee and Northern Lines)

In the dark and dingy underbelly of the capital, the London Dungeon dwells, waiting to scare the life out of you and any willing visitors brave enough to cross the threshold! Tickets for students from £15.50 online or £22.50 on the door.

MISCELLANEOUS INFORMATION

- ❖ **V.A.T.**

“VAT” means value added tax. It is the equivalent of sales tax within the U.S. In the U.K., a 20% VAT is already included in the price and is charged on almost everything. Non-EU citizens are entitled to reclaim VAT money spent but only on items bought in the U.K. within three months before they leave the country. To reclaim the VAT, you must have the retailer fill out the export documentation, Form VAT 435.

VI. RECOMMENDED READING

A selection of guides and history books is located in the London Law Library and Lounge.

❖ **Insights Into Being A Foreigner In England**

- *Brit-think - Ameri-think*, Jane Walmsley
- *Dictionary of Britain: An A to Z of the British Way of Life*, Adrian Room
- *Englishness*, Godfrey Smith
- *Living in London*, Junior League of London
- *New to the U.K.*, Genevieve Munzier; published by Routledge and Kegan Paul Ltd.
- *Notes From A Small Island*, Bill Bryson

❖ **Social and Political History**

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